

2017-2018

7th Grade

# Mentor Book

Name: \_\_\_\_\_

Mentor: \_\_\_\_\_

# You Are My Disciples

**Welcome!!** This booklet is meant to be completed with your mentor in correlation with confirmation at Bethel Lutheran. You choose your mentor, it should be a trusted adult who is not a relative, who you admire, and who you see living an active, vibrant faith. You will have the same mentor for the three years of confirmation. This booklet is designed to facilitate conversation and help you both learn about aspects of your faith life. Here's what is expected of you:

## **Expectations of Mentors**

\*Attend future mentor meetings at the church – **Wednesday, October 12<sup>th</sup>, 7:30 pm**

\* Meet with your student at least two times during their 7<sup>th</sup> grade year to complete the two modules and attend the mentor event on October 12<sup>th</sup>.

\*Be the adult in the relationship – if you have not heard from the student - check in with him or her.

\*Research for the Baptism Module.

\*Realize that the student has picked you as an important, trusted and admired Christian adult. Please, take that seriously. If you can, attend their extra-curricular events at school, write them a letter or postcard to encourage them (7<sup>th</sup> grade is not an easy time), take them out for ice cream, pray for them, etc.

## **Expectations of students**

\*Ask a trusted and admired Christian adult (not a relative) to be your mentor.

\*Meet with your mentor at least two times during your 7<sup>th</sup> grade year to complete the two modules and attend the mentor event on **Wednesday, February 28<sup>th</sup> at 5:30pm**.

\*Call to set up the two times to meet.

\*Research for the Baptism Module.

\*Realize that your mentor may be unsure how to be comfortable with a junior high youth. Greet them when you see them, smile and wave. Keep your mentor in your prayers.

\*Return your completed mentor booklets to the pastors by April 15<sup>th</sup>.

There are two “modules”—conversation guides and short projects, to complete in 7<sup>th</sup> grade. They are listed below with a short description of each step. There could be some prep involved with each, so read this overview first before you dive in.

## **Modules – 7<sup>th</sup> Grade Year**

### **1. Getting To Know You**

\*A short interview of questions about likes, dislikes, matters of faith

### **2. Baptism: God's Claim On Us**

\*For this exercise, you will need to do some pre-work before your time together. Do some research about what your baptism was like: bring photos and stories to share.

\*You will need an ELW, that's the red book we use in worship. You can borrow one from the church pew; just make sure to return it. ☺

\*This module is meant to fit with your mentor event, it may be helpful to complete this before or right after your time together on Oct. 12<sup>th</sup>.

**We appreciate you!** Thank you for your willingness to share and learn together. May God bless your conversations.



## ➔MODULE ONE (OPTION 1) - GETTING TO KNOW YOU

If you're working with the same mentor as last year, skip to page 6.

- 1) Full Name  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 2) Six words that describe me pretty well include:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 3) My favorite food  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 4) One of my favorite places to go:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 5) If I want to relax, I:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 6) A person I enjoy spending time with  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 7) Something I like about my church:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 8) Something I like about myself:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 9) Something I like about the age I am:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_

*"And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them. And by this we know that he abides in us, by the Spirit that he has given us." 1 John 3:23-24*

- 10) One of the best days of my life was:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 11) If I could travel anywhere in the world (all expenses paid), I would go:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_  
I would bring \_\_\_\_\_ with me (name a person):  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 12) So far, on life's journey, one of the biggest challenges I've had to face was:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 13) Living the Christian life can be a challenge because:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 14) One question I have about God is:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 15) Name someone you trust:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 16) To trust someone is to:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 17) Have you always been a churchgoer?  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 18) If not, how did you get involved in a church:  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_

*“Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths.” Proverbs 3:5-6*

19) What do you hope will happen during this time?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

20) What are you worried about regarding this process?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

Close your time with each of you saying a short prayer asking God to be with you in the confirmation journey and thanking God for your partner in this process.

You may use the following prayer if you are uncomfortable with spontaneous prayer:

**Dear God, we ask that the Holy Spirit would guide and direct our relationship. Help us develop a relationship that is grounded in you. Thank you for this time together. Be with us each day, at school, at play, at home, at work. Keep us safe until we come together again. Amen.**

You may also use the prayer phrases at the back of this book to complete a prayer.

## MODULE ONE (OPTION 2) – GETTING BETTER AQUAINTED

1) What is your favorite memory? Why?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

2) Who are the three most important people in your life right now?

Mentor: 1

2

3

Student: 1

2

3

3) If you could have one super hero ability, what would it be?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

4) What do you think is the coolest/most fun job?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

5) When you were a kid, what did you most want to be when you grew up?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

6) Has that changed?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

7) If you knew today was your last day on earth, what would you do?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

8) If you could relive one day of your life, what would it be and why?

Mentor: \_\_\_\_\_

Student: \_\_\_\_\_

- 9) What's your favorite activity to do? Has this changed since last year?  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 10) What do you look for in a friend?  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 11) What's your favorite part of church?  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 12) If you could ask God one question and get an answer, what would it be?  
Mentor: \_\_\_\_\_  
Student: \_\_\_\_\_
- 13) When was one time you got angry at God or questioned whether God existed?  
Mentor  
  
Student
- 14) What helped you get through that time?  
Mentor  
  
Student



## ➔MODULE TWO – BAPTISM: GOD’S CLAIM ON US

### (Our Call to Discipleship)

IMPORTANT: For this module, both the student and the mentor will need to do some research before the meeting:

➔Bring pictures

➔Find out who was present: aunts, uncles, friends, siblings, cousins, godparents, grandparents....

➔Where was the baptism held?

➔Do you still have the candle, towel, and certificate that were presented to you?

➔Did your family celebrate afterwards?

1) Tell the story of your baptism;

Mentor: \_\_\_\_\_

\_\_\_\_\_

Student: \_\_\_\_\_

\_\_\_\_\_

2) What happens at a baptism? Refer to page 227 in the ELW (Evangelical Lutheran Worship Hymnal) for more insight.

Mentor: \_\_\_\_\_

\_\_\_\_\_

Student: \_\_\_\_\_

\_\_\_\_\_

3) THE SACRAMENT OF HOLY BAPTISM (From “The Small Catechism by Martin Luther) – Read together.

WHAT IS BAPTISM?

Baptism is not water only, but it is water used together with God’s Word and by his command.

WHAT IS THE WORD?

In Matthew 28 our Lord Jesus Christ says, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.”

WHAT BENEFITS DOES GOD GIVE IN BAPTISM?

In Baptism, God forgives sin, delivers from death and the devil, and gives everlasting salvation to all who believe what he has promised.

WHAT IS GOD’S PROMISE?

In Mark 16, our Lord Jesus Christ says, “He who believes and is baptized will be saved; but he who does not believe will be condemned.”

## HOW CAN WATER DO SUCH GREAT THINGS?

It is not water that does these things, but God's Word with the water and our trust in this Word. Water by itself is only water, but with the Word of God, it is life-giving water, which by grace gives the new birth through the Holy Spirit. St. Paul writes in Titus 3, "He saved us...in virtue of his own mercy, by the washing of regeneration and renewal in the Holy Spirit, which he poured out upon us richly through Jesus Christ our Savior, so that we might be justified by his grace and become heirs in hope of eternal life. The saying is sure."

## WHAT DOES BAPTISM MEAN FOR DAILY LIVING?

It means that our sinful self, with all its evil deeds and desires, should be drowned through daily repentance: and that day after day a new self should arise to live with God in righteousness and purity forever. St. Paul writes in Romans 6, "We were buried therefore with him by Baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life."

What gifts are we given in baptism?

What calling are we given in baptism?

Close your time with each of you saying a short prayer asking God to be with you in the confirmation journey and thanking God for your partner in this process.

You may use the following prayer if you are uncomfortable with spontaneous prayer:

**Dear God, we ask that the Holy Spirit would guide and direct our relationship. Help us develop a relationship that is grounded in you. Thank you for this time together. Be with us each day, at school, at play, at home, at work. Keep us safe until we come together again. Amen.**

You may also use the prayer phrases at the back of this book to complete a prayer.

Close your time with each of you saying a short prayer asking God to be with you in the confirmation journey and thanking God for your partner in this process.

You may use the following prayer if you are uncomfortable with spontaneous prayer:

**Dear God, we ask that the Holy Spirit would guide and direct our relationship. Help us develop a relationship that is grounded in you. Thank you for this time together. Be with us each day, at school, at play, at home, at work. Keep us safe until we come together again. Amen.**

You may also use the prayer phrases at the back of this book to complete a prayer.

## **THE END**

Congratulations on completing this mentor booklet for the 7<sup>th</sup> grade year! Thank you to both of you for your time and energy in beginning this very important relationship. Be sure to thank each other for the time you had together, and for the ways each of you were gifted by the other's presence.

**Students:** Your final task is to return only your booklet to the pastors or youth director at the church by April 15<sup>th</sup>. Please remember to put your name on the cover!

## **REFLECTIONS...**

Use the following words and phrases to start a prayer. You can make it as long or as short as you would like; as elaborate or as simple as you would like. Hopefully these words will help you when you're stuck!

Choose one word from the 'Attributes of God' column, the next word from the 'Images of God' column, and then a phrase from the 'Personal Feelings' column.

**Attributes of God:**

Awesome  
Dear  
Eternal  
Loving  
Holy  
Tender  
Healing  
Heavenly  
Understanding  
All-knowing  
Precious  
Everlasting  
Saving  
Forgiving  
Caring  
Wise

**Images of God:**

Teacher  
Shepherd  
Counselor  
Father  
Mother  
Parent  
Savior  
Creator  
Life giver  
God  
Jesus  
Abba  
Yahweh  
Friend  
King  
Light of the World

**Personal Feelings:**

I am hoping...	I am humbled...	I am angry...
I am fearful...	I am confused...	I am thankful...
I am wondering...	I am embarrassed...	I am sorry...
I am awed...	I am sad...	I am hurt...
I am joyful...	I am curious...	I am eager...
I am honored...		